

What are they?

Cookies are small files that websites (approximately 90% of all websites) create on your computer for a number of different reasons and, naturally, some are somewhat more questionable than others.

Why do we want to use cookies?

To put simply, to make the website work better – we use cookies to connect you to your Facebook and Twitter accounts so that when you want to share our content with your contacts you don't have to go into your Facebook account to find our page then 'like us' etc. or worse, copy and paste things all over the place.

We also use Google Analytics which, anonymously (you remain anonymous not them), records your visits to our site. We use that information to help us make the site better.

If you're kind enough to comment on any of our offerings then we also set a cookie so you don't have to re-type all your info every time you visit.

If you don't want us to store any cookies on your computer then the best thing for you to do is change your browser settings to block them:

[IE](#)

[Firefox](#)

[Chrome](#)

[Safari](#)

If you have a different browser try a Google search on Block Cookies using 'Your Browser' and if you want to delete anything we may have set in the past:

[IE](#)

[Firefox](#)

[Chrome](#)

[Safari](#)

If you have a different browser try a Google search on Delete Cookies using 'Your Browser'

So -and this is the serious bit – we believe that you should have no reason for concern regarding your privacy from the use of our website. However, we do think it's important for you to know what cookies are set and to give you as much information as possible to allow you to make an informed decision. You might want to delete these cookies from your computer between visits to our website and if you do have any particular concerns about the privacy implications of the cookies we use or cookie use in general we recommend you investigate how to do this using the cookie management tools provided by your web browser.